

Lutheran Social Services of Michigan

Foster Parent Training



Cost:

Free

Training Credit:

Foster parents will earn 2 hours of training credit for each session attended.

To Register:

Call Rachel Sykes at 269-345-5776

Location:

*1803 Whites Road, Ste. 5
Kalamazoo, MI 48009*

Caring for Children Who Have Experienced Trauma: A Workshop for Resource Parents

Many children in foster or kinship care have a history of exposure to trauma. *Caring for Children Who Have Experienced Trauma: A Workshop for Resource Parents* is a training curriculum developed by the National Child Traumatic Stress Network (NCTSN) designed to help resource parents understand the link between trauma and their children's often baffling behavior, feelings, and attitudes. This training will provide resource parents practical tools to help their children move forward from their traumatic pasts, to recognize and reduce the impact of their children's traumas on themselves, and to seek useful support from others.

Training Schedule:

Monday Evenings 7:00 p.m. to 9:00 p.m.

Part One: Sessions 1-4

September 12, 2011 – Sessions 1 & 2: *Welcome & Trauma 101*

September 19, 2011 – Session 3: *Understanding Trauma's Effects*

September 26, 2011 – Session 4: *Building a Safe Place*

Part Two: Sessions 5-8

October 3, 2011 – Session 5: *Dealing With Feelings*

October 24, 2011 – Session 6: *The Importance of Connection*

November 7, 2011 – Session 7: *Becoming an Advocate*

December 5, 2011 – Sessions 8: *Taking Care of Yourself*

