

Expectations

There are ways to learn positive behaviors and how to make better decisions

Each area of the house has different rules.

You will learn what rules to follow in each area.

Before you know it you will be great at making good choices and having good behavior.

Bedroom

Shut door quietly.

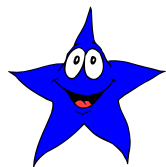
Only go in your bedroom.

Take dirty sheets off bed.

Clean room at end of visit.



Bedroom Area



Follow quiet time rules.

Maintain privacy.

Use emergency exits only when necessary.

Encourage others to make good choices.

Ignore negative behaviors.

Bathroom

You can earn tickets for doing what you do at home.

Wash hands thoroughly.

One person in the bathroom at a time.

Always flush (go/flush/wash/leave).

Be fully covered when leaving the bathroom.

Dispose of paper towels in the garbage.



Great Room/Porch



Keep hands and feet to self.

Participate in indoor activities only.

Walk.

Use appropriate language.

Keep noise at level 5 or below (indoor voice).

Ignore negative behaviors.

Kitchen

Ask before entering kitchen.

Ask before touching items.

Keep your distance from the stove.

Use appropriate language.

Dining Room

Use furniture appropriately.

Use utensils appropriately.

Keep hands and feet to self.

Return dishes to kitchen.

Eat with peers at the table.

Take a "no thank you" bite.



Garage

Wear helmets when on bikes.

Ask to use equipment.

Share.

Yard

Keep hands and feet to self.

Use equipment properly.

Stay within five feet of staff.

Take care of equipment.

Take turns.

Include everyone.



STEPS Tickets

At Respite you earn STEPS tickets for good behavior. We will teach you how to earn STEPS tickets

Bad Days and Bad Choices

Sometimes people have a bad day and can make bad choices.

You may not earn as many tickets if you make bad choices.

You can also lose outings because of repeated bad choices.

Even if you have a bad day, remember to be respectful to others and express your feelings.

Outings

At Respite you get to go on outings.

You even get to choose where you want to go!

Pet Store, Nature Center,
Movie, Roller Skating

If you earn enough points you can go!

While on outings you have to keep making good choices and stay near staff.



If you have a bad day or make bad choices you might not be able to go on an outing.



Individual Rewards

At Respite, youth have the chance to earn rewards through drawings one or two times a day.

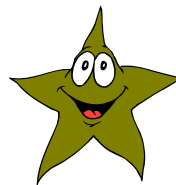
The more tickets earned, the greater the chance of winning a drawing.

You get to choose the rewards! Some examples are trophies, 1:1 staff time, and staying up later at bedtime.

Group Rewards

Each group has the opportunity to earn group rewards. The group reward will be part of the scheduled outing.

An example of this would be if the outing is going to the park, and the group reward would be getting ice cream on the way.



Family & Children Services
A Source of Hope

1608 Lake Street
Kalamazoo, MI 49001
269.344.0202
Fax 269.344.0285

www.fcsource.org

Positive
Behavior
Support
at Respite



- S** – Stay Safe
- T** – Take Responsibility
- E** – Everyone Be Respectful
- P** – Positive Interactions
- S** – Support Others